that you are informed about the research and then you will be asked to consent to take part.

Please also note that this research is in fulfilment of my Master of Science (MSc) in Psychological Sciences (Conversion) course thesis as part of my studies.

This research has obtained ethical approval from the college of Health, Medicine and Life Sciences Research Ethics Committee at Brunel University London to run between 3<sup>rd</sup> of August 2023 to 20<sup>th</sup> of September 2023.

If you wish to participate, please email me, Miss Carolina Nyakila

(1906098@brunel.ac.uk).